



Dr. Muni Abhijit Kumar and Muni Jagrit Kumar

Dr. Muni Abhijit Kumar and Muni Jagrit Kumar, devoted disciples of Acharya Shri Mahashraman Ji, are dedicated to fostering spiritual, societal, and intellectual transformation. Their work bridges ancient Jain philosophy and modern scientific thought, making these teachings accessible to contemporary audiences. Renowned for their expertise in Epistemology (Tattva Gyan), ancient Rag Ragini traditions, and memory science, they are versatile scholars, prolific writers, and extempore speakers. Their linguistic prowess is noteworthy, including fluency in Sanskrit, Prakrit, and French, and creating 100 Sanskrit verses in a single day.

Dr. Muni Abhijit Kumar

The first Jain ascetic to earn a PhD, Dr. Muni Abhijit Kumar researched the "Doctrine of

Gods in Jainism: A Critical Study," offering a unique perspective on ancient wisdom and modern science. His work on the Bhagwati Sutra bridges these realms meaningfully. Currently pursuing the rigorous 7-year Srutaradhna course, he is deeply engaged in translating ancient Jain scriptures like Bhagwati and organizing initiatives like the Relative Economics conference, exploring the balance between wealth and spiritual values.

Muni Jagrit Kumar

A master of Avadhan-Vidya, an ancient mental mathematics and memory technique, Muni

Jagrit Kumar is also a Bachelor of Arts in Jain Philosophy. His works, including Digital Detox Decoded and Aatmik Internet, explore consciousness and parapsychology, blending Jain wisdom with modern science. He is actively translating ancient scriptures, making them accessible to modern readers, and inspiring spiritual and intellectual growth globally.



Vision and Impact

Dr. Muni Abhijit Kumar and Muni Jagrit Kumar have traversed over 10,000 kilometers on foot during their spiritual yatras, delivering impactful messages of faith, interconnectedness, and mindfulness. Guided by Acharya Shri Mahashraman, their global initiatives like Mission Utthaan, Anuvrat Digital Detox(ADD), Elevate(Experience the real high - A Drugs Free Drive) and Past Life Regression(PLR) continue to inspire communities, promote ethical living, and foster unity across cultures and generations.

Contributions and Initiatives

1. Mission Utthaan Yatra: Building Connections

Dr. Muni Abhijit Kumar and Muni Jagrit Kumar connected and collaborated with diverse communities- JITO, JIO; celebrities- Aamir Khan and Jackie Shroff; and organizations- Paras Defence and Bombay Hospital, to integrate spirituality into workplaces and promote ethical living. The Mumbai Talent Hunt during Chaturmas 2022 engaged 1,000+ participants, fostering creativity and community spirit.

2. Anuvrat Digital Detox, Elevate, and Past Life Regression (PLR): Sessions and Discussions

They conducted impactful sessions at prestigious institutions like MIT Pune, Florida International University, and Yerwada Jail, emphasizing mindfulness, drug-free living, and spiritual growth. Discussions with leaders like Joe Biden and Kamala Harris, as well as global figures like Gaur Gopal Das, strengthened the outreach.

3. International Conference on Science and Jain Philosophy

Held in 2016 at IIT Mumbai, this conference bridged Jain philosophy with modern science, addressing global challenges like violence and environmental degradation.

4. Transformative Topics

They lead sessions on topics such as Subconscious Mind Exploration, Minimalism, Food and Mood, and Preksha Meditation, fostering spiritual and personal growth.

5. Mission Peace: A Walk Towards Global Harmony

Inspired by the blessings and guidance of Acharya Shri Mahashraman Ji, Dr. Muni Abhijit Kumar and Muni Jagrit Kumar are planning a transformative journey of over 25,000 kilometers on foot from India to Europe, spanning 7+ years. This expedition seeks to promote the values of the Anuvrat Movement, Preksha Meditation, and the Science of Living.

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